



# NOVEMBER 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>This institution is an equal opportunity provider. (Garfield-Palouse Schools)</p> <p>NEW!! Full salad bar offered at both schools</p>			<p>1 <b>Breakfast:</b> Bagel &amp; cream cheese, fruit <b>Lunch:</b> Chicken Parmesan pasta, green salad, cookie, fruit</p>	<p>2 <b>Breakfast:</b> Strawberry shortcake, fruit <b>Lunch:</b> Pepperoni or cheese pizza, carrots, fruit</p>	<p>3 <b>Breakfast:</b> Cereal, toast, yogurt, fruit <b>Lunch:</b> Uncrustable, cucumbers, ranch, dessert, fruit, string cheese, chips, fruit</p>	<p>4</p>
<p>5 All meals are served with 1% white or non-fat chocolate milk</p>	<p>6 <b>Breakfast:</b> Muffin, yogurt, fruit <b>Lunch:</b> Chicken bunwich, baked beans, fries, lettuce/tomato, fruit</p>	<p>7 <b>Breakfast:</b> Sausage &amp; cheese breakfast sandwich, fruit <b>Lunch:</b> Sloppy joes with lentils, tater tots, carrots, bell peppers, fruit</p>	<p>8 <b>Breakfast:</b> Waffles, syrup, sausage, fruit <b>Lunch:</b> Ramen, green salad, fortune cookie, fruit</p>	<p>9 <b>Breakfast:</b> Breakfast burrito, fruit <b>Lunch:</b> Mac &amp; cheese, steamed broccoli, cheese breadstick, fruit</p>	<p>10  <b>NO SCHOOL</b>  <b>Veteran's Day (Observed)</b></p>	<p>11</p>
	<p>13 <b>Breakfast:</b> Fruit &amp; yogurt parfait, granola, UBR <b>Lunch:</b> Italian dunkers, salad, marinara, fruit</p>	<p>14 <b>Breakfast:</b> Biscuits &amp; gravy, fruit <b>Lunch:</b> Teriyaki noodles, steamed broccoli, fortune cookie, fruit</p>	<p>15 <b>Breakfast:</b> Pancakes, sausage, fruit <b>Lunch:</b> Spaghetti pie, roll, carrots, fruit</p>	<p>16 <b>Breakfast:</b> Breakfast casserole, UBR, fruit <b>Lunch:</b> Popcorn chicken, salad, chips, fruit</p>	<p>17 <b>Breakfast:</b> Cereal, toast, yogurt, fruit <b>Lunch:</b> Roasted turkey breast, mashed potatoes, gravy, stuffing, roasted carrots, rolls, fruit, dessert</p>	
	<p>20 <b>Breakfast:</b> Cook's Choice <b>Lunch:</b> Cook's Choice</p>	<p>21 <b>Breakfast:</b> Cook's Choice <b>Lunch:</b> Cook's Choice</p>	<p>22 <b>NO SCHOOL</b></p>	<p>23 <b>NO SCHOOL</b></p>	<p>24 <b>NO SCHOOL</b></p>	
	<p>27 <b>Breakfast:</b> French toast, fruit <b>Lunch:</b> Grilled cheese sandwich, tomato basil soup, fruit</p>	<p>28 <b>Breakfast:</b> UBR, fruit/yogurt parfait, fruit <b>Lunch:</b> Teriyaki rippers, Asian veggie blend, fried rice, fruit</p>	<p>29 <b>Breakfast:</b> Bagel, cream cheese, fruit <b>Lunch:</b> Meatloaf, roll, mashed potatoes, steamed carrots, fruit</p>			